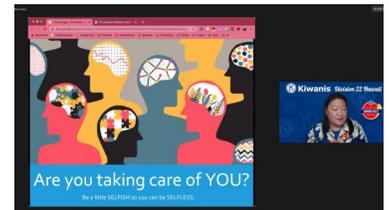




## 2021— A New Year of Service and Hope

We kicked off the new year with an Official Club Visit by our Division 22 **LTG Joy Nishida**. She shared her personal goals as a Castle key clubber and then as a college student at Santa Clara which all reinforced what she is doing today — with compassion and commitment — serving the community. Joy started her career as a civil engineer but soon wanted more interaction with young people in the community. She then decided to change careers and became a math teacher at Kailua High School and eventually started the Kailua Key Club and serves as their Kiwanis Advisor. She is happy with her career, her volunteer opportunities, and her leadership growth. LTG Joy asked us to “be a little selfish so we can be selfless.” More on LTG Joy’s official visit on page 2.



LTG Joy (top left) had the honor of inducting our newest member—**Dr. Melissa Machida**. Melissa (top right) is a Clinical Pharmacy Manager with Times Supermarket. Sponsor **Judy Watanabe** (bottom center) asked Melissa to join Kiwanis in 2017 and never gave up! Judy says that Melissa is very generous with her time in helping others, helping the community and pursuing the greater good for everyone. Melissa was a member of Young Leaders Club at Punahou High School and a service organization while at pharmacy school. Service to others is clearly her priority!



The world is small. Melissa recently organized a flu clinic at Windward Community College in Kaneohe. The Kiwanis Club of Kaneohe (LTG Joy’s club) was there volunteering at the clinic. A perfect example of service-minded people being together and making a difference in our communities! #KiwaniisNeedsUs

### Vice-President’s Message — Total Well-being

During our transition into distance learning, I learned about the importance of both students and teachers to maintain their physical and mental well-being. When we go through college to get our degrees and when we are in the act of teaching, it is often forgotten that our health, both mental and physical, impact our daily lives. I was always focused on getting the job done. In college, I would pull many all-nighters to study for exams. When I first started teaching, I would constantly be bringing home work to do overnight or over the weekend. Especially as teachers, I think that we feel it is our responsibility to do this to ensure the success of our students. But, this was not balanced for me. I remember being completely drained by the end of my first semester.



Now that we have been teaching online for almost a year now, I am always thinking about the amount of stress that I have as an adult and think that our students must be feeling it ten times worse. I now realize (more than I did when we were teaching in-person), the importance of providing the opportunity for our students to develop a healthy physical and mental well-being. Yes, teaching my content is important, but there are ways to do it where the students won’t feel so overwhelmed. As a teacher who is only teaching one subject, it is easy to forget how I felt taking six different classes and having homework and projects for all of those classes.

Aladdin Roque-Dangaran  
Vice-President

(serving as interim President as Carol takes a short respite)

# Improving the World One Child and One Community at a Time



January 5—Official Visit by Division 22 LTG Joy Nishida. LTG Joy clearly defined the goals of the District as well as added her goals for our Division:

- 100% of clubs maintain or increase membership and engagement
- 100% of clubs provide COVID-19-related support
- ≥ 1 Division (DSA/CSA/YSA or Dunlap/Hixson/etc) from DCM happy dollars

LTG Joy is mindful of keeping goals clearly stated, measurable, and achievable. While only a quarter into her term, she is pleased with the support and enthusiasm from all clubs. Pearl Harbor is pleased to have made a significant move towards strengthening our membership, supporting our SLP clubs, and supporting both the International and District Foundations. We have also assisted in COVID-related community service.

LTG Joy is wanting to ensure Division 22 has a strong leadership succession plan. Please look amongst your club members for those Kiwanians who may be able to serve as a future LTG. #KiwaniNeedsYou



**Komohana Division Conclave** was not held because there were no candidates for the position of LTG. Instead, on Sat, January 23 at noon via Zoom, there was a conference with SLP Presidents and their advisors to discuss the position of the LTG. Thus the procedure is for the Regional Team to recommend a student based on applications received by January 29. The Regional Team consisting of Regional Advisor Joshua Chang, Asst Joel Tabangcura, Komohana LTG Hollie Rader and Regional Advisor Charlene Masuhara will review any

applications and make a recommendation to the CNH Key Club Board for final approval. If no recommendation is made, there were several scenarios presented that need serious discussion by Division 22 K-Family.

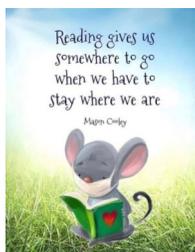


On January 26, Division 28 hosted a one hour live radio show with Kiwanis International President **Art Riley**. Callers were able to ask questions of our president. Pres Art spoke about his childhood, his family, his travels, and his work as a Kiwanian. The needs of children around the world has made a huge impact on him. As Kiwanians, we have the ability to help build a good foundation for children during the formative years of three to six of age. We can impact the education, security and wellness of children. When asked to describe favorite meal — French lobster bisque, Danish pork tenderloin made by his friend, Austrian apple strudel, and French champagne.



**Let's Look on The Bright Side.** We asked our members to share something they did during the pandemic lockdown that helped to brighten their day.

Aiea Faculty Advisor **Jacie Miyashiro** is a contestant in the 69th Cherry Blossom Festival. This year's theme is *Kibou*—the Japanese word for 'hope'. Jacie will be busy with virtual cultural and personal development classes. Best wishes!



I am sure that many of us have taken the opportunity to catch up on our reading. Share a book that you have recently read. I have read and enjoyed *Lost Connections* by Johann Hari. Also by the same author is *Chasing the Scream*. *Tattoos on the Heart* by Father Gregory Boyle makes one pause for a little introspection.

*Until further notice, our general and board meetings will be held via video conference. When we are able to resume in-person meetings, we will meet in the Lotus Adult Day Center at the Aiea Hongwanji Mission at 99-186 Puakala Street in Aiea.*

## Did you know?



**Joy Wasai Nishida** (Kaneohe) is 2020-21 Division 22 LTG. Past LTG Audrey Kagawa (East Hawaii) is 2018-21 Region 18 Trustee. Past LTG John Buck (Kahului) is a CNH Foundation Director and Division CLE Trainer. Past LTG Neil Yamamoto (Kaneohe) is Foundation Ambassador and Division CLE Trainer. Past LTG Joshua Chang (Kaneohe) is Regional Key Club Advisor, Webmaster, and Division CLE Trainer. Kathryn Lau (Pearl Harbor) is co-Webmaster. Past LTG Joel (AYP) is Assistant Regional Advisor and Social Media Coordinator. In Division 22, we have a total of *10 Kiwanis Clubs, 3 Circle K, 29 Key Clubs, 4 Builders Clubs, 2 K-Kids Clubs and 1 Aktion Club.*

**Meeting Location/Dates** — Our general (1st Tuesday) and board (last Tuesday) meetings are being held via video conference until further notice. Once we are able to move about freely, we will hold our general meetings at the Aiea Hongwanji Mission Lotus Day Center.

## Mark Your Calendars

### February 2021

- 2 General Mtg; 7p via Zoom
- 13 District Mid-Year Virtual Education Conf via Zoom 6:30a-2p HST
- 14 Red White or Brew Virtual Tailgate; 3:30p
- 15 Virtual Project w/WHS Key Club; 7p via Zoom
- 16 Div22 DCM; 7p via Zoom
- 23 Board Mtg; 7p via Zoom

### March 2021

- 2 General Mtg; 7p via Zoom
- 16 Div22 DCM; 7p via Zoom
- 30 Board Mtg; 7p via Zoom

### Birthdays

- Tad Iwata (3/8)
- Melissa Machida (3/26)



**Our AmazonSmile link** — <http://smile.amazon.com/ch/37-1777104>

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<p><b>2020-21Kiwaniis Year</b></p> <p><b>President</b> Carol Smith</p> <p><b>Vice-President</b> Aladdin Roque-Dangaran</p> <p><b>Secretary</b> Kay Tokunaga</p> <p><b>Treasurer</b> Roy Fujinaka</p> <p><b>Board Members</b> Danny Kim     Kathryn Lau Tad Iwata     Judy Watanabe Susan Wong, IPP</p> <p><b>Members</b> Ace Cabato     Pam Fujinaka Meagan Cabbage     Jodie Sanada Dennis Fukushima     Lea Nakamura Amber Nakamura     Melissa Machida</p> <p><b>Honorary Members</b> Andrea Eshelman Ruby Sonomura</p> <p><b>Perpetual Members</b> Dorothy Berger Michael Smith</p>	<p><b>General Meeting</b> 1st Tuesdays @ 7pm via Zoom (Aiea Hongwanji Mission 99-186 Puakala Street, Aiea)</p> <p><b>Board Meeting</b> Last Tuesday @ 7pm via Zoom</p> <p><b>Club Contact Information</b> Kiwaniis Club of Pearl Harbor 92 Dowsett Avenue Honolulu, HI 96817 <a href="mailto:pearlharborkiwanis@gmail.com">pearlharborkiwanis@gmail.com</a></p> <p><b>Website</b> <a href="http://www.pearlharborkiwanis.org">http://www.pearlharborkiwanis.org</a></p> <p><b>Facebook</b> Kiwaniis International Pearl Harbor</p> <p><b>Division/District Contacts</b> LTG Joy Wasai Nishida, Kaneohe Trustee Audrey Kagawa, East HI Gov Gary (Marsha) Gray, Santa Barbara</p> <p><b>International Contacts</b> K.I. President Arthur N Riley, Westminster, MD</p>	 <p><b>Aiea</b> meets every Friday, 11:50a, Room D5. Advisors: Jacie, Ronnette, Danny</p> <p><b>Hanalani</b> Advisors: Terry, Judy</p> <p><b>Leilehua</b> meets every Thursday, 12:40p, Room 13. Advisors: Amber, Aladdin</p> <p><b>Mililani</b> meets every Tuesday, 3:00p, Room H106. Advisors: Donald, Susie</p> <p><b>Pearl City</b> meets every Tue/Fri, during lunch, Room K203. Advisors: Kekoa, Kay</p> <p><b>Waipahu</b> meets every Friday at 2:25p, Room V202. Advisors: Tessie, Jackie, Carol</p>
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